

PUBLISHED PAPERS BY CHARLES MAACK IN MEDICAL & SCIENTIFIC JOURNALS as of July 2023

At 90 years of age, and health issues (as noted in my paper #21 below) “GNAWING ON A ROCK,” it appears I had best call it a day in submitting my opinions for publication in medical and science journals (published on merit at no cost to me). There comes a time in everyone’s life when slowing down becomes a necessity. However, I intend to continue as a online, worldwide, mentor to men diagnosed with Prostate Cancer and to their caregivers until my fingers can no longer type, or my eyes can no longer see the keys, or my constant fatigue and lack of energy, dictates otherwise. It has been a long but fruitful and rewarding three decades as a mentor!

- 1. A Prostate Cancer Patient’s 24-Year (1992-2016) Continuing Journey from Diagnosis to Treatment to Recurrence to Mentoring”**
Published in JCPCR-04—201604 Volume 4 issue 4 –
2016: <https://medcraveonline.com/JCPCR/JCPCR-06-00189.pdf>
<http://tinyurl.com/hcxuxv9>
- 2. “Newly Diagnosed with Prostate Cancer? - A Mentor/Patient Discussion”** Published May 23, 2017 Biomedical Journal of Scientific & Technical Research (BJSTR)
<http://biomedres.us/pdfs/BJSTR.MS.ID.000110.pdf>
- 3. “A Wake Up Call To Men & The Women Who Care For Them”** Published in JCPCR-06-00189 Volume 6 issue 1 - 2016:
<http://tinyurl.com/3djfgve>

4. **“Considerations necessary regarding Prostate Cancer with the options of surgical removal of the prostate gland or with Androgen Deprivation (aka testosterone inactivating) Therapy (ADT) as follow-on or primary treatment”** published June 13, 2019 in Global Journal of Medical Research GJMR Volume 19 Issue 4 Version 1.0.

https://globaljournals.org/GJMR_Volume19/1-ConsiderationsNecessary-Regarding-Prostate.pdf

5. **“Evidence Based Medicine”** Published in the Journal of Radiology and Diagnostic Imaging Published November 19, 2018, Radiol Diagn Imaging, 2018 doi: 10.15761/RDI.1000143 Volume 2(5):

1-1 ISSN: 2515-0200

https://www.researchgate.net/publication/331201281_EVIDENCE_BASED_MEDICINE

6. **“Fluoroquinolones – Be Aware”** Published in the Journal of Cancer Science and Clinical Oncology, Volume 5, Issue 2 ISSN: 2394-6520 Published July 30, 2018

<http://www.annexpublishers.com/articles/JCSCO/5202-Fluoroquinolones-Be-Aware.pdf>

7. **“IAD/Intermittent Androgen Deprivation: When is it appropriate?”** Acta Scientific Cancer Biology 3.8 (2019): 19-21. Published Date: July 26, 2019

<https://www.actascientific.com/ASCB/pdf/ASCB-03-0150.pdf>

8. **“Importance of Patient Attention to Physician Care”?** Acta Scientific Medical Sciences Special Issue 1 (2019): 04-05. Published: September 05, 2019

<https://www.actascientific.com/ASMI/pdf/ASMI-SI-01-0002.pdf>

9. **“Medical Advice” or “Opinion” – The Important Difference”**
Published in Acta Scientific Medical Sciences Volume 2 Issue 1 January 2018: <https://www.actascientific.com/ASMS/pdf/ASMS-02-0019.pdf>
10. **“Orchiectomy – A Surgical Procedure in which One or both Testicles are Removed – is it Sufficient to Inhibit Androgen (Testosterone) from Access to Prostate Cancer Cells?”** Published in Acta Scientific Cancer Biology Volume 3 Issue 4 April 2019.
<https://www.actascientific.com/ASCB/pdf/ASCB-03-0120.pdf>
11. **“Prostate Cancer Advocacy and Mentoring Support”** Published November 22, 2017 in the journal “Holistic Approaches in Oncotherapy” HAOT-17-OPN-0004 1.1(2017):15
<https://scientiaricerca.com/srhaot/pdf/SRHAOT-01-00003.pdf>
12. **“PSA Rising While on Routine ADT, No Metastasis Evident; should Chemotherapy with Docetaxel/Taxotere be Added? (Apparently NOT!)”**
International Journal of Cancer Treatment (Int J Cancer Treat Vol: 2, Issu: 2 (54-56 Published Date: 25 July, 2019,
<https://innovationinfo.org/articles/FRCM/IJCT-2-118.pdf>
13. **“PSA Testing? Over-Treatment? Active Surveillance? Biopsy value? No PSA for Elderly?”** American Journal of Biomedical Science & Research Am J Biomed Sci & Res. 2018 - 4(5).
AJBSR.MS.ID.000836. DOI: 10.34297/AJBSR.2019.04.000836.
Published Date: August 22, 2019
<https://biomedgrid.com/pdf/AJBSR.MS.ID.000836.pdf>
14. **“The Battle with Prostate Cancer”** Published in Scientia Ricerca Chronical of Medicine and Surgery – Manuscript ID: COMS18OP-0027
ISSN: 2576-8298 Volume 2 Issue 2 May 22, 2018:

<https://scientiaricerca.com/srcoms/pdf/SRCOMS-02-00021.pdf>

15. **“Triple-hormonal Blockade (ADT3) – a Patient’s Perspective”**

Published in ONCOGEN - Independent Peer-Reviewed Cancer Journal
2019; Volume 2, Issue 1(2019;2(1):6)

[Triple Hormonal Blockade \(ADT3\): A Patient’s Perspective
\(oncogen.org\)](https://oncogen.org)

(Also See Attached)

16. **“FLOMAX – IMPORTANT - BE AWARE!”** Published August
10. 2021 – American Journal of Biomedical Science & Research ISSN:
2642-1747; Am J Biomed Sci & Res.202113(6).AJBSR.MS.ID.001923.
DOI: AJBSR.2021.13.00192310.34297/

[Flomax – Important - be Aware! \(biomedgrid.com\)](https://biomedgrid.com)

17. **“Intimacy - Often Challenged by Surgery, Radiation,
Cryotherapy, or ADT”** Charles (Chuck) Maack* Prostate Cancer
Survivor, Volunteer Mentor,
Advocate, Activist, USA

[AJMI.MS.ID.000509.pdf](https://ajmi.ms) or

<https://irispublishers.com/ajmi/pdf/AJMI.MS.ID.000509.pdf>

18. **“METFORMIN Aka Glucophage – Prescribe, or Not? Is There
An Alternative?”** TESS Research in Medical and Clinical
Published date: 18 September 2022 Open Access Opinion Article
Volume 1:1

[TRMC-01-106.pdf \(tess-research.com\)](https://tess-research.com)

19. **“THE PROSTATE GLAND IN MEN – What is it?**

Where is it? Important? Annual Screening?” - American
Journal of Biomedical Science & Research. Published date: April 6,
2023 Biomed Sci & Res. 2023 18(4) AJBSR.MS.ID.002472, DOI:

10.34297/AJBSR.2023.18.002472

<https://tinyurl.com/2xwf7tfh> **The Prostate Gland In Men – What is it? Where is it? Important? Annual Screening?** (biomedgrid.com)

20. **“Prostate Cancer - The Disease Specific to Men – Continues over Decades to Affect Men by the Hundreds of Thousands; Why?**

What Must be Done?” Published May 18, 2023 in PROGRESS IN MEDICAL SCIENCES ISSN: 2577-2996, 2023 VOL 7, NO. 3, PAGE 1 – 1 DOI: [doi.org/10.47363/PMS/2023\(7\)189](https://doi.org/10.47363/PMS/2023(7)189)

[Prostate Cancer - The Disease Specific to Men.pdf](#)

21. **“GNAWING ON A ROCK” – A Man’s Long Journey Living With Prostate Cancer** *Case Reports and Reviews*

(ISSN: 2693-1516) Received: May 23, 2023

Published: June 07, 2023

<https://actascientific.com/ASCR/pdf/ASCR-04-0441.pdf> or <https://tinyurl.com/4ss826me>

22. **“Physician Responsibility to Patients – A Patient’s Opinion”** *Journal of Clinical Cases* Received Date: 04 May 2023 Published Date: 08 June 2023.

<http://journalofclinicalcases.com/articles/JCC-v5-1009.pdf>

In addition to publishing my articles # 13 and # 19 the American Journal of Biomedical Science & Research sited interest in these other of articles I wrote but did not offer for

publishing since both are lengthy because comprehensive to support my opinion. They were compiled some years ago but much still holds true. Some reference URLs may no longer open because of the years having passed:

QCT BMD Imaging vs DEXA BMD Imaging

<https://tinyurl.com/ye3ep3pt>

WHY THE USE OF EITHER 5ALPHA REDUCTASE (5AR) INHIBITORS DUTASTERIDE/AVODART (MY CHOICE) OR FINASTERIDE/PROSCAR IN ANDROGEN DEPRIVATION THERAPY

<https://tinyurl.com/2ej5653c>

You may also find interest in this article:

LEADER – BORN OR ACHIEVED – MY OPINION

[Leader-Born or Achieved-My Opinion.pdf](#)

<http://theprostateadvocate.com>